

Cinderblocks 2026, a medical conference run by patients, held at Amity Fellowship Hall, 315 Center Street Meyersdale, PA (Beside the Post Office) Questions? Call Regina Holliday 202-441-9664

Thursday, June 18, 2026 **8:00am Breakfast**

8:30am Opening Remarks: Regina Holliday, founder of The Walking Gallery of Healthcare

9:00am Kelly Rhodes, Open Rhodes 2 Recovery

Kelly Rhodes' speech will talk about the importance of community support / peer support in the healing process of recovery both Mental Health and Substance Use Disorder.

9:30am Tiffany Rains: Advocacy Tools That improve Health Outcomes

Navigating medical crises can be frightening. Tiffany has decades of experience in advocacy for herself and her children in complex health circumstances.

10:00am Josh Rubin, Program Officer for Learning Health System Initiatives at University of Michigan Medical School. Singula Institute is about applying Learning Health System principles to mental health. We thank our sponsor for helping make this event possible.



10:30am Crossroads Treatment Center Presentation

11:00 Roundtable on Medicaid 2027, Resources, and Volunteerism

Noon: **Lunch 1:00pm Shannon Shine**, She also combines her expertise as a certified wellness and natural health professional with my artistic talents in mixed media and sound meditation to deliver impactful experiences.

1:30 pm Pamela Dornburg: Community Events are Good for Mental Health

2:00 pm No Longer Bowling Alone: Organizations, Fraternal Societies, and the Church on Creating Community. Grantsville Rotary, Meyersdale Lions, Somerset Chorale, and other community representatives

3:00 pm Renae Billow presentation on Community Life

Community LIFE is a program of all-inclusive care for the elderly, committed to enabling older adults to remain at home while preserving their dignity, independence and quality of life.

4:00 Jan Oldenburg passed the National exam to be a certified SHIP (State Health Insurance Program) counselor. It's a volunteer program--and there's one in every state, generally run by the Department of Aging. She is certified to help people make their Medicare or MA selections, help them apply for Medicare Savings Programs, if they qualify, and generally solve problems they may be having with Medicare or Medicare/Medicaid. Jan is also an incredibly talented jewelry artist and a nationally recognized thought leader on personal health engagement, with exceptional communication and public speaking skills

Evening activities: Walking the Train Bridge in Meyersdale and a performance of Ross Martin's Music.

Conference Day 2, Friday, June 19, 2026

8:00am Breakfast 9:00 am Emily Edwards, Mayor. Maven. Mountain Muse. Running on Rosé and Regional Planning. The mayor of Grantsville Maryland will talk about all the amazing things happening in that community.

10:00 am Panel on Foster Care Support

Stephen Zirkle, Pastor of Ravenswood Church of the Nazarene and George Bivens, Cambria and Somerset County Coordinator of Keystone Family Alliance

11:00am Regina Holliday: The Patient Story

Noon **Lunch 1:00pm Help Beyond Hurt: Trauma Informed Care**

Jennifer Boland sharing about the work of our local Hope Beyond Hurt Trauma Informed Coalition while discussing the impact of trauma and the power of positive experiences to build individual and community resilience.

2:00pm Twila Bender & Brittany Miller from Mountain Laurel Medical Center will give a presentation on all their services. Services include medical doctors, onsite lab services, imaging, pharmacy, transportation, registered dietitian, insurance navigation and referral team. They will also speak about how to organize care providers and fill in the gaps.

3:00 Tour of the MAMA Free Store and the Vision of Patricia Woullard

4:00 Summing things up and making plans for next year.



Got News??

June 18, 2026 insert

Insert sponsored by an anonymous donor



Walk for Water

June 20, 9AM, Meyersdale Train Station
This is the 4H community service learning project of Brinly Green. It is a 5K walk (not a race) with each participant carrying a gallon of water, to experience what people in many parts of the world must do to have water. The walk will fundraise for the H2O for Life Organization, which funds the drilling of wells in areas of the world where safe water is needed. See more information at <https://sites.google.com/view/meyersdalewalkforwater2026/home>

Eastern Star Raffle

Tickets for a donation of \$20 gives you 10 chances to win \$1,000 giveaway on **Labor Day**. Contact a member or call Doris 814-442-0471, Jan 814-279-5350, Or Donna 814-267-5111

Somerset County Mobile Food Bank

At **Meyersdale** Church of the Brethren
9 Beachley St., Meyersdale
Tuesday, June 23, 1:45-2:30PM

At **Rockwood**, 600 Main St.

Thursday, June 25, 12:15-12:45PM

COMMUNITY ROUNDTABLES

Help Shape the Future of Our Business Community

The Somerset County Chamber is hosting a series of community roundtables, and we'd love to hear from **you!**

Meyersdale

Somerset Trust Company
June 30 | 6 PM
151 Center Street, Meyersdale, PA 15552



Meyersdale
MOOSE LODGE 76
362 Main St.
Meyersdale, PA

Adult PROM

FEATURING LIVE BAND
3rd Ave
SATURDAY
JUNE 20TH, 2026
8-11PM

\$10
PP IN
ADVANCE

PROM KING AND QUEEN
WILL BE CROWNED

LIGHT
MEAL AND
SNACKS
PROVIDED

★ TREAT DAD TO A GREAT MEAL! ★

HAPPY FATHER'S DAY

★ STEAK DINNERS ★

at
MEYERSDALE MOOSE LODGE 76

★ SUNDAY JUNE 21ST, 2026 ★
11AM - 1PM OR UNTIL WE SELL OUT

SWISS \$12 EAT IN \$13 TAKE OUT	NEW YORK STRIP \$15 EAT IN \$16 TAKE OUT
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EACH MEAL COMES WITH
BAKED OR MASHED POTATOES
(AND)
YOUR CHOICE OF
CORN OR GREEN BEANS

CALL AHEAD TO
RESERVE YOUR MEAL!
@ **814-634-0623**

★ Good Food. Great Company. Happy Father's Day! ★

DIGITAL TRIVIA Night

THINK YOU KNOW IT ALL? Prove it!

★ WEDNESDAY ★
JUNE 24TH, 2026
6:30PM

TEAMS OF **6 OR LESS**
NO ENTRY FEE

GATHER YOUR TEAM.
BRING YOUR KNOWLEDGE.
HAVE A GREAT TIME!

CATEGORIES WILL INCLUDE:

- PLANTS & ANIMALS
- TELEVISION
- GLOBAL AFFAIRS
- SPORTS
- MOVIES
- GENERAL KNOWLEDGE

MEYERSDALE MOOSE LODGE 76
★ AT 362 MAIN ST • MEYERSDALE, PA 15552 ★